

## Care for the Family

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I have recently taken over from Alison Davies as Care for the Family rep at CCP. This is one of the charities our church chooses to support, like Tearfund or SAMS, because of the excellent work they do. In case you haven't heard of the charity before, I'll explain a little bit about it.

Care for the Family was established in 1988 by Rob Parsons, a well-known author and speaker (you may have come across some of his books such as 'The Sixty Minute Marriage', 'The Heart of Success' and 'Teenagers: What Every Parent Has to Know'). Its work is motivated by Christian compassion, and its resources and support are available to everyone, of any faith or none.

It is a national charity which aims to promote strong family life and to help those hurting because of family breakdown. With the help of their supporters they are able to strengthen marriages, support parents and give hope to those who are bereaved or in debt. They do this through events, resources, training and networks of befrienders. I can personally vouch for their excellent seminars and events on different aspects of life and relationships, which are really helpful and down-to-earth, often fun, and never judgemental. The books and DVDs are also brilliant, some of which can be found in our church library and I also have some to lend out.

If you'd like to know more, please don't hesitate to ask me for information, or you can go to their website:  
<http://www.careforthefamily.org.uk/>

Some resources are available in church and local events will be publicised in the church magazine or weekly notice sheet.

Anne Masefield.

Here are a few links you might find helpful:

#### Engage

<http://www.engagetoday.org.uk/>

To make a contribution to seeing each local church in the UK engage with its community in credible and relevant ways, primarily though not exclusively through issues related to family and To increase the amount of effective family ministry in the British Isles.

#### How to Drug Proof Your Kids (r)

<http://dpyk.org.uk/pages/Enabling>

parents and other carers to help their children understand the dangers of drug use.

#### Take a Break

<http://www.careforthefamily.org.uk/familybreaks/>

Affordable activity holidays for single parent families helping parents and children to strengthen relationships.

#### The National Couple Support Network

<http://www.ncsn.org.uk/>

or

<http://www.engagetoday.org.uk/equip/marriage/national-couple-support-net>  
work Establishing a marriage preparation network across the UK for anyone getting married. Couples link up with a married 'support couple'.

#### Parenting and Relationship Resources

<http://www.careforthefamily.org.uk/parenting/>

Resources that can be used in the community - addressing key issues faced by parents, couples and individuals.

#### Another Way

<http://www.careforthefamily.org.uk/anotherway/>

A helpline for families who have children with additional needs.

#### Bereaved Parents' Network

<http://www.careforthefamily.org.uk/bpn/>

Support for parents who have experienced the death of a child.

#### Quidz In - Raising Financially Confident Kids.

<http://www.quidzin.org.uk/>

#### Single Parent Family

<http://www.careforthefamily.org.uk/spf/>

Support, encouragement and hope for Single Parent Families - as well as opportunities to share with others who parent on their own.

#### Life in a Stepfamily

<http://www.careforthefamily.org.uk/stepfamily/>

Offers step-parents encouragement and support with the opportunity to join others in a similar situation - to discover that they are not alone.

#### A Different Journey

<http://www.careforthefamily.org.uk/adj/>

Support for those widowed at a young age, and their children.

#### Asian Family Matters

<http://www.careforthefamily.org.uk/resources/product.asp?productid=1162>

or

<http://www.careforthefamily.org.uk/resources/>

Unique marriage and parenting resources designed specifically for the challenges faced by British Asian families.

The Money Secret

<http://www.themoneysecret.info/>

An adult education

course that helps people face their fears about finance, learn how to manage their money and avoid debt.